

# Dr@mnibus

## How to Have a Structured Summer with Your Child



**BY THE WATER**



## EXERCISED SKILLS:

- ✓ vocabulary: parts of the body
- ✓ structure of your body
- ✓ sensory stimulation
- ✓ motor coordination
- ✓ imitation
- ✓ communication
- ✓ applying suncream

## PREPARE:

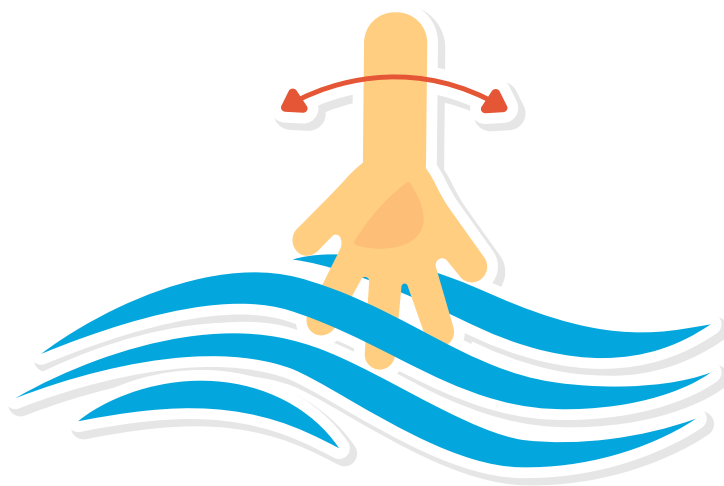
- ✓ flashcards
- ✓ two bottles of suncream
- ✓ toys for playing in the sand: buckets, shovels, rakes, etc.
- ✓ empty plastic bottles

**Download the ABA DrOmnibus app**



# WAVES AND WHIRLS

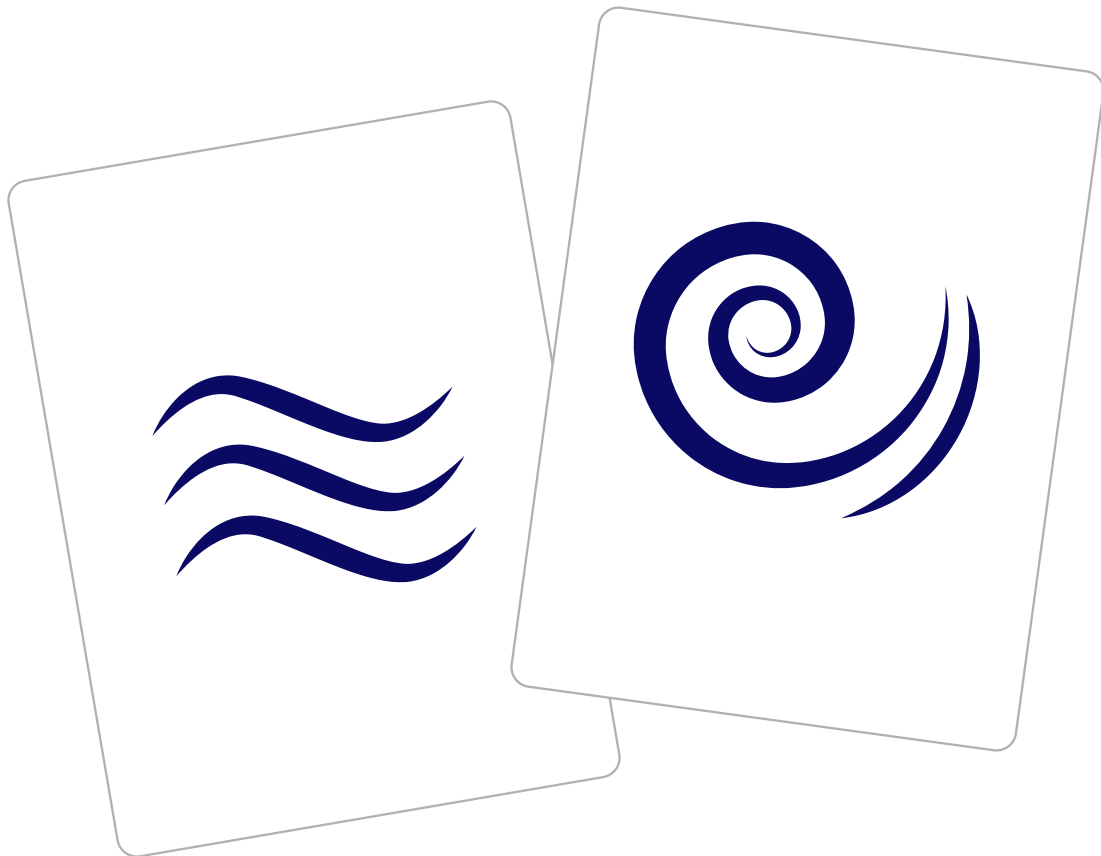
At the beach, use your hand to make **waves** and **whirls** in the water and ask your child to imitate you. Then do the same with your foot. Exercise your child's balance and motor coordination.



# LEARN ABOUT WAVES AND WHIRLS

**Show the flashcard with the wave to your child.** Ask if they remember the movement they did with their hand in the water to make a wave. Perform the movement together.

**Next, do the same with the whirl card.** Name the movements you perform and indicate the appropriate cards.



# WHAT IS WET? WHAT IS DRY?

Pour a bit of water onto your child's hands, feet, etc., and name the parts of the body.

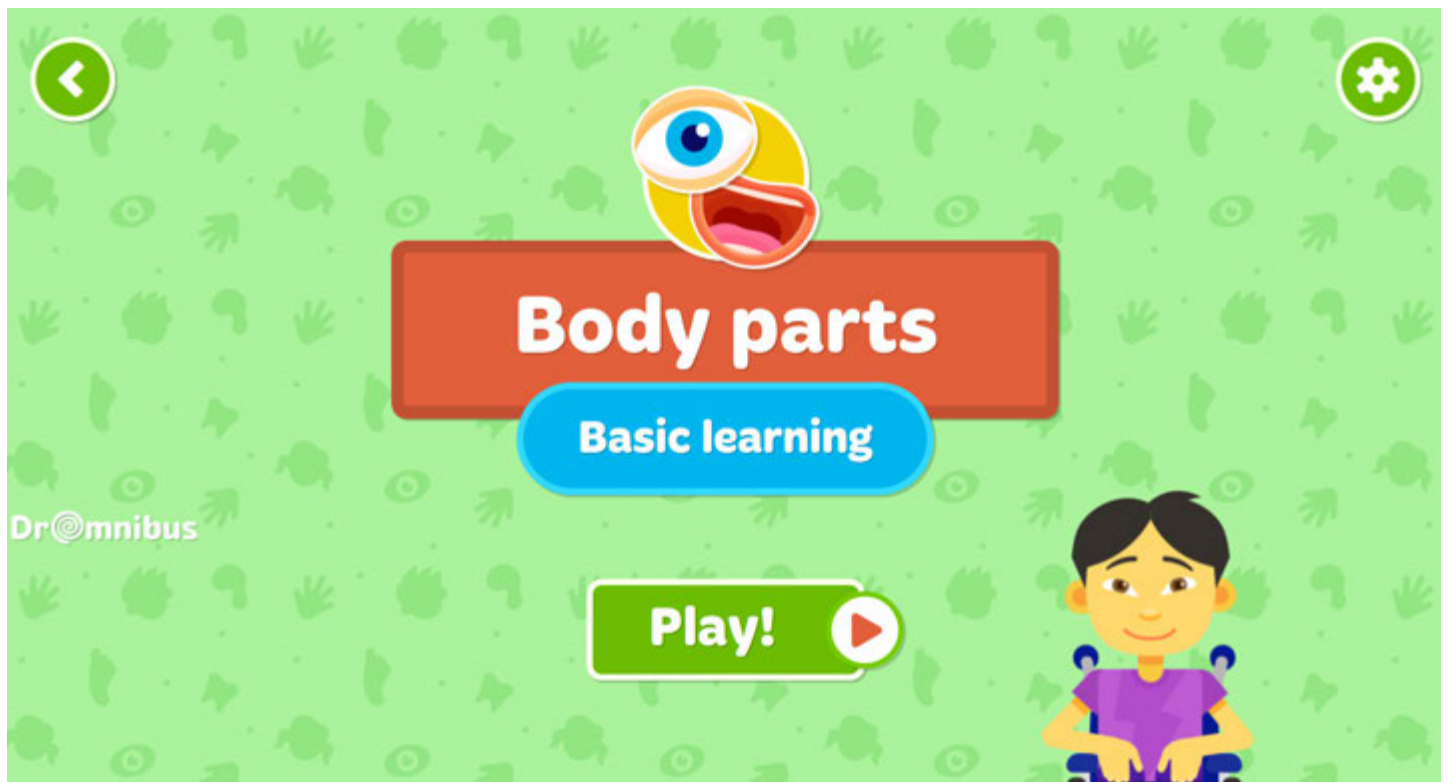
**Ask your child which parts of the body are wet and which are dry.**



# ABA DROMNIBUS APP - BODY PARTS

Start to play **ABA DrOmnibus app**

Choose the game **Body parts, Learning mode.**  
Let your child play the game two or three  
times.



# SING AND SHOW PARTS OF THE BODY

**Teach your child the lyrics of the song below.**  
Point to the corresponding parts of the body while singing the song together.

*Head shoulders, knees and toes,  
knees and toes, knees and toes  
Head, shoulders, knees and toes,  
knees and toes, and eyes, and ears,  
and mouth, and nose*





# APPLYING SUNCREAM

**Prepare two containers of sunscreen**, one for you and one for your child. Apply the cream onto your body, naming the parts of the body. Ask your child to imitate you.

**1) open sun lotion**

**2) put a little on your hand**

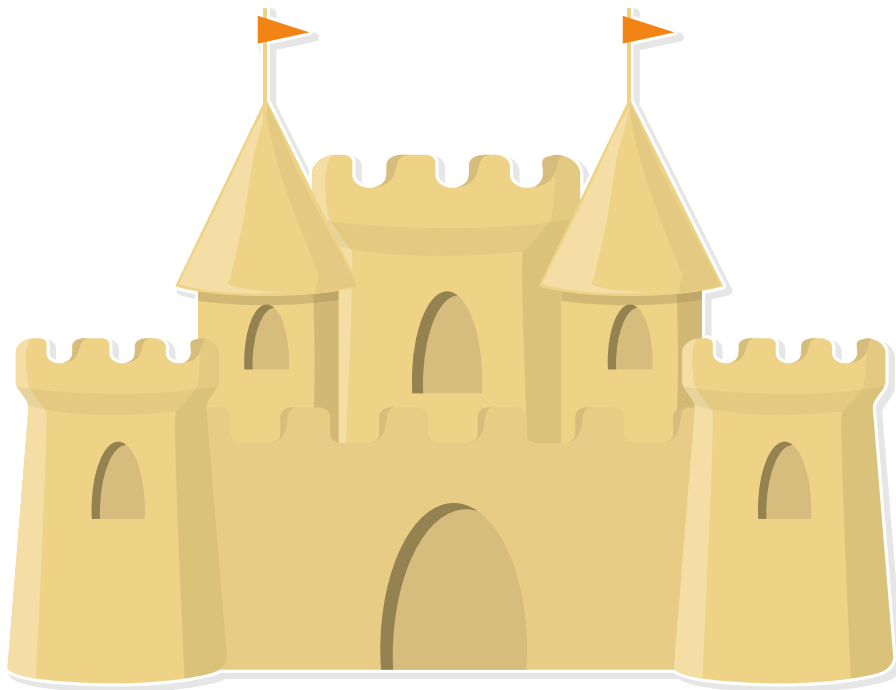


**3) apply on your mother's back**

Ask your child to help you apply the lotion to your back, then have them ask you to do the same for them.

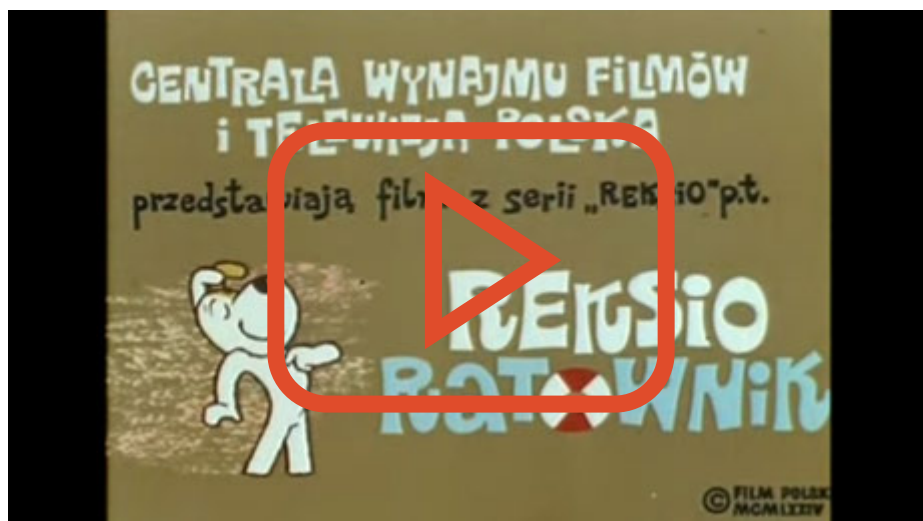
# SAND CASTLE

**Build a sand castle with your child.** Don't give your child the shovel or the bucket immediately. Instead, hold it in front of you so that your child can see it and has to ask for it.



# REX THE LIFEGUARD

At the beach or at home, show your child this cartoon about Rex the dog who becomes a lifeguard.



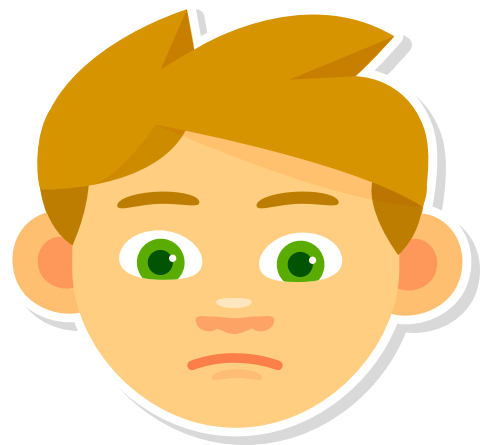
After watching, **ask your child** what happened in the cartoon. Underline the characters' emotions.

**When was the boy happy, and when was he afraid? When was Rex afraid? When was the lifeguard angry?**

Play voice-acting with your child: voice the characters that appear in the cartoon.

# WHAT DO YOU FEEL?

**Help your child learn their own emotionality** by naming the emotions they are showing. For instance, ask them, **“What are Rex and the boy doing that makes you feel sad?”** or **“What are Rex and the boy doing that makes you feel happy?”**.



**Talk about why** your child feels a particular emotion, and if it’s a negative one, tell them what can make them feel better, like hugging or playing together.

# WHAT FACES DO THEY MAKE?

**Watch** other people with your child. Guess their emotions.

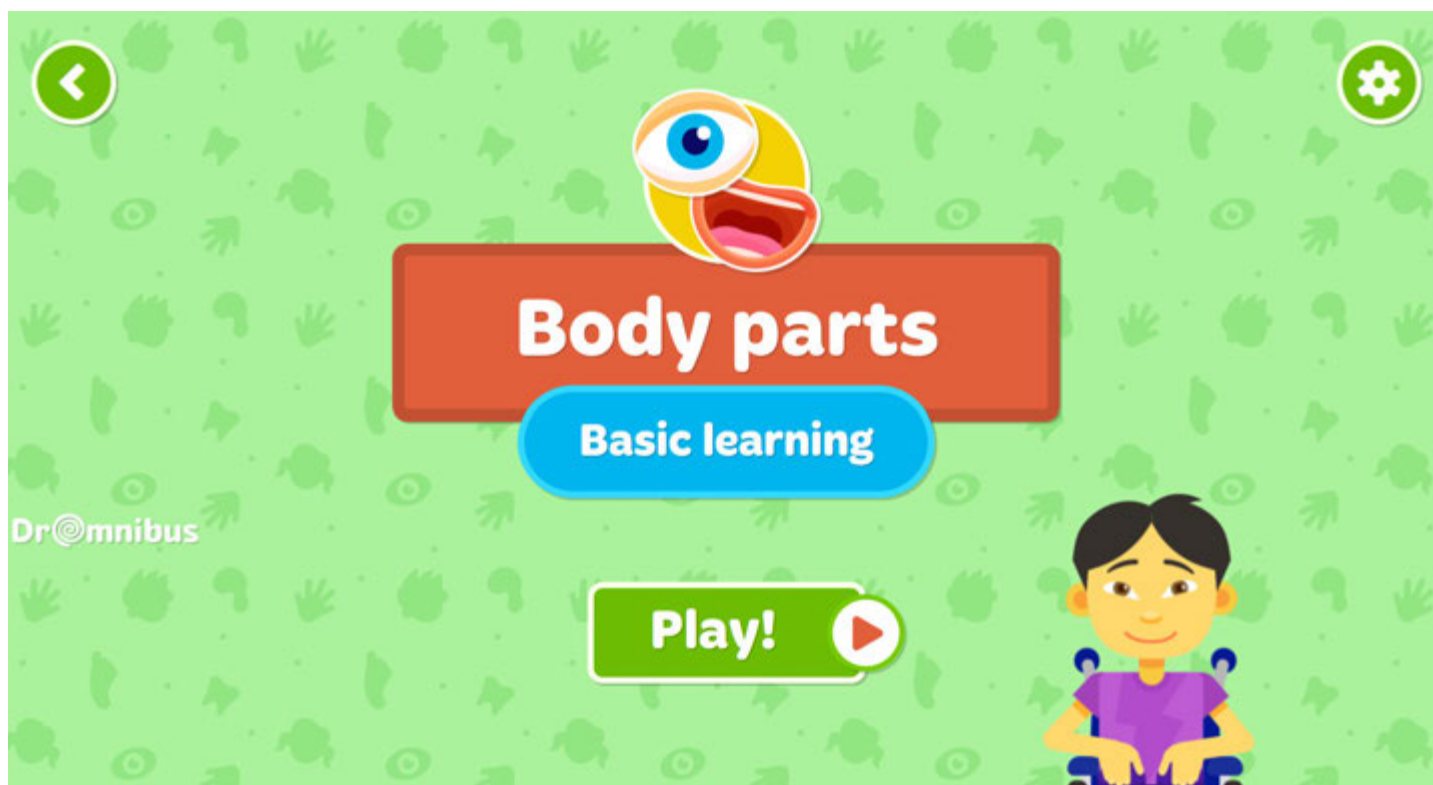


In the same manner, you can watch animals and guess the reasons for their behavior: the dog is wagging its tail because it's happy about going for a walk, the cat ran away because it was too loud, etc.

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# TAKING A BATH

When your child is taking a bath, point to parts of your body and name them. Ask your child to point to their parts of the body along with you. Then, start pointing to different parts of your child's body and ask them **what they are**.

